



Francisco Navarro, Oakland Section Commissioner

★★ **OAKLAND SECTION** ★★
OAKLAND SECTION OFFICE – 1011 UNION STREET – OAKLAND, CA 94607 – (510) 879 - 2438



At the Oakland Section, our mission goes beyond the game. We are dedicated to delivering high-quality coaching, training, and competitive play, all while instilling the values of sportsmanship, integrity, commitment, and mutual respect. Our ultimate goal is to develop the next generation of student-athletes who not only excel on the court, field, pool, course & track but carry themselves with pride and purpose as leaders in their schools and communities.

Our Section is dedicated to offering top-tier coaching, skill development, and competitive play, while fostering the values of sportsmanship, honesty, dedication, self-respect, and respect for others. At the Oakland Section, our goal is to shape future generations of athletes who compete with heart, lead with character, and uplift their teams, schools, and communities.

TRACK & FIELD

The purpose of the sport of Track & Field in the Oakland Section is to offer student-athletes a diverse and inclusive platform to develop speed, strength, endurance, and athletic versatility. Through a variety of events—ranging from sprints and distance races to jumps and throws—students have the opportunity to discover and refine their individual talents while contributing to their team’s overall success. Track & Field promotes discipline, goal-setting, and resilience, encouraging athletes to push their limits and strive for personal bests. The sport also fosters school pride, unity, and sportsmanship, providing a positive and structured environment for personal growth, academic motivation, and community engagement throughout Oakland.

GIRLS 2025

TEAMS COMPETING: Castlemont, Coliseum College Preparatory, Envision, Fremont, LPS-Hayward, Madison Park, McClymonds, Oakland HS, Oakland Tech, Skyline

1st Day of Practice - Saturday, January 31, 2026

1st Allowable Contest - Wednesday, February 21, 2026

Pre-Season Meeting - Wednesday, March 11, 2026

1st OAL Contest - Wednesday, March 25, 2026

Sit Out Period - Friday, March 27, 2026

Post Season Meeting - Thursday, May 14, 2026

Section Trials - Wednesday, May 20, 2026

Section Championship - Thursday, May 21, 2026

CIF State Championship - Friday & Saturday, May 29 & 30, 2026

CIF STATE TRACK AND FIELD CHAMPIONSHIPS

Friday-Saturday, May 29-30, 2026

Veterans Memorial Stadium (Buchanan Educational Complex), Clovis



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CIF STATE TRACK & FIELD CHAMPIONSHIP REGULATIONS

ENTRIES

The State Federated Council rules governing entries per section are as follows:

SS – 6; CS – 3; CCS – 3; LACS – 3; NCS – 3; SJS – 3; SDS – 3; NS – 1; OS – 1; SFS – 1; Totals - 27

AT-LARGE ENTRIES

An athlete shall earn an at-large entry into the State Meet if his/her mark at the final Section competition (which qualifies entrants to the State Meet) is equal to or better than the average of the 9th place qualifying marks to the State Meet finals from the three most recent years.

(Approved May 2000 Federated Council)

QUALIFYING TO CIF STATE/REGIONAL CHAMPIONSHIPS

Teams/Individuals must compete, and qualify through, their respective CIF Section Championships to participate in CIF State/Regional Championships.