

**Office of the Commissioner of Oakland Athletic League and Oakland Section**

**2025 CROSS COUNTRY SCHEDULE**

**Races begin at 3:00PM**

**UPDATED 7/16/25**

DATE		LOCATION	Timer
Wednesday, August 27, 2025	Optional Season Kick Off Meet	SKYLINE HS	<i>Open to OAL and BACSAC</i>
Wednesday, September 3, 2025	Regional Meet #1	MERRITT COLLEGE	<b>OAL JV &amp; VARSITY - BACSAC / OAL DUAL MEET</b>
Wednesday, September 17, 2025	Regional Meet #2	OYSTER BAY REGIONAL SHORELINE	<b>BACSAC / OAL DUAL MEET</b> 3:00pm start
Wednesday, October 1, 2025	Regional Meet #3	MLK SHORELINE	<b>BACSAC / OAL DUAL MEET</b>
Thursday, October 30, 2025	Regional Meet #4	POINT PINOLE	<b>Var and JV Championships</b> 3:00pm start
Wednesday, November 12, 2025	<b>OAL CITY/BACSAC FINALS/ OS JV CHAMPIONSHIP</b>	SKYLINE HS	<b>Var and JV Championships</b> 3:00pm start
Wednesday, November 19, 2025	<b>Oakland Sectional Finals</b>	MERRITT COLLEGE	<b>BACSAC &amp; OAL VAR</b> 3:00pm start
Saturday, November 29, 2025	<b>CIF State Championships</b>	<b>Woodward Park Fresno, CA</b>	<i>Qualifiers only</i>
All athletes must be registered on athletic.net the two days before the meet at 11:55pm			
In order to qualify for the City Finals, an individual must have a recorded time in at least one of the three league meets.			